

# Coaching Education & Certification

## Annual Coaching Requirements



### ✓ Coaches currently certified through 2016

- Active US Lacrosse membership valid through June 30th, 2016
  - USL fee is \$50 (expected to rise in 2017)
- **Complete USL's online course "How To Make Proper Contact"**
  - One-time course (save your electronic certificate)
- Register as a certified coach on [www.mbyll.org](http://www.mbyll.org)

### ✗ Coaches requiring certification (good for 2016 & 2017)

- Active US Lacrosse membership valid through June 30th, 2016
  - USL fee is \$50 (expected to rise in 2017)
- Complete USL's online course: Level 1 (one-time)
- Complete USL's online course "How to Make Proper Contact" (one-time)
- Complete Positive Coaching Alliance's online course: "Double-Goal Coach" (one-time)
- Attend an MBYLL Clinic
  - You must register at [www.mbyll.org](http://www.mbyll.org) and complete all pre-requisites up to 36 hours in advance
  - \$50 clinic participation fee (due during registration) up to 36 hours in advance
  - \$75 clinic participation fee if registering less than 36 hours prior to clinic
  - You have multiple options:
    - MBYLL/USL Level 1
    - MBYLL/USL Level 2
    - Trilogy 1.5 (for renewing coaches only)
    - Trilogy 2.5 (for renewing coaches only)
  - Every MBYLL region is expected to have at least one MBYLL/USL Level 1 & one Trilogy clinic
  - Clinics run from early January to early April and will be available for selection on [www.mbyll.org](http://www.mbyll.org)

### Important Tips and Reminders

- After taking any of the online courses (USL 1, USL "Proper Contact", PCA), be sure to save your electronic certificate to your computer for reference and proof of completion
- Completing all pre-requisites 36 hours prior to attending a clinic will expedite your receiving of coaching card (you will receive your card at the conclusion of the clinic)
- Experienced renewal candidates are encouraged to take Level 2 and/or Trilogy clinics for advanced education and to take advantage of additionally provided tools (such as the Trilogy coaching portal)
- Towns should encourage all Classic coaches (Head and Assistant) to become MBYLL certified
- At least one coach on the sideline is required to possess and visibly wear his/her valid MBYLL Coaching card at all times during Classic games (Sundays)
- Every adult on the sideline is required to possess and visibly wear his/her valid MBYLL Coaching card at all times during Select games
- **The MBYLL requirements are the baseline for coaching education and all MBYLL coaches are encouraged (*and expected*) to enhance their coaching education through supplementary training and enrichment (online and in-person courses and clinics).**

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## Clinic Hosting Requirements and Specifications

Every MBYLL region is expected to host at least one MBYLL Level 1 clinic & one Trilogy 1.5 or 2.5 advanced clinic.

The region's CESD (Coaching Education & Sport Development) Committee is charged with helping the regional director and Director of Coaching Education to find and secure site locations, dates, and times for the coaching clinics in that region



### Requirements for Hosting Clinics

- **An auditorium/large room**
  - MBYLL/USL Clinics need capacity of 200 participants
  - Trilogy Clinics need capacity of 100 participants
- **A gymnasium with bleachers**
  - MBYLL will provide goals, cones, and balls
  - For larger groups at the MBYLL/USL Clinics, a gymnasium divider will allow for the group to be divided into "older level" coaches (U15 & U13) and "younger level" coaches (U11 & U9) for age & ability-specific demonstrations
- **(2 or 3) Tables for registration & material distribution**
- **AV Setup for projector and a large screen visible to all**
- **Volunteers to assist**
  - 5-6 volunteers for MBYLL/USL Clinics
  - 3-4 volunteers for Trilogy Clinics
- **WiFi access**

### Other Considerations

Ideal locations include Middle Schools & High Schools with auditoriums and gymnasiums

The clinic will last 4 hours (1st hour in auditorium, 2 hours in the gymnasium, 4th hour back in auditorium)

MBYLL would also require 1 hour in advance for set-up and 30 minutes after completion

MBYLL is asking towns willing to host a clinic to cover any expenses associated (rental, custodial, etc.)

### Hosting a Town/Private MBYLL/USL Level 1 Clinic

- The same requirements for hosting a Trilogy Clinic apply (capacity of 50 will suffice)
- There will be a \$500 town fee to host a private clinic
- Each certified coach will also be required to pay the \$50 to cover materials
  - Coach info and fees will be collected directly from the town (not through online registration)

**Interested host candidates for MBYLL/USL & Trilogy Clinics and/or members of the CESD committee should contact Director of Coaching Education Greg Klim with site suggestions, information, and questions. Greg's email is: gregklim60@gmail.com and his mobile phone is: (617) 605-6340**